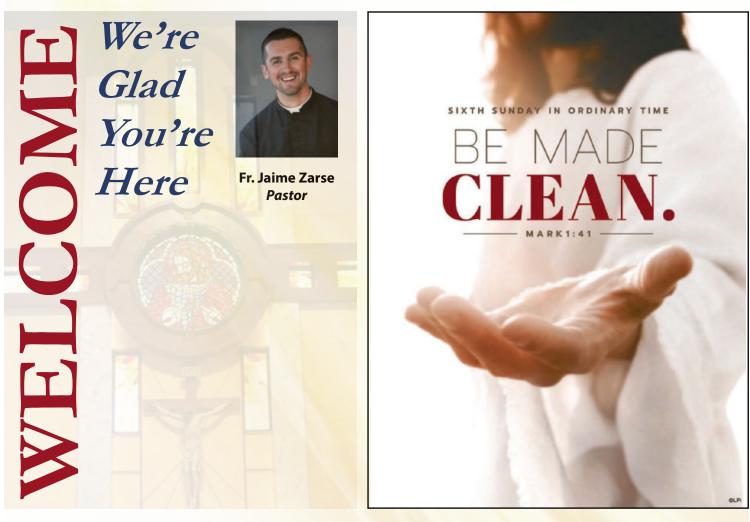


Our Parish Mission: We, the faith community of Sacred Heart of Jesus Catholic Church, faithful to the teachings of the magisterium, are committed to forming Disciples of Christ by embracing Stewardship through Hospitality, Prayer, Formation and Service.

Facebook @SacredHeart5501

www.shoj.org

Youth Ministry Instagram: @youthshoj



Sacrament & Contact Information

BAPTISM A Baptism completed baptism

A Baptism preparation class must be completed prior to scheduling your child's baptism. Baptisms are held on Sundays after the 11 a.m. Mass. Please contact **Kathleen Whalen** at **913.422.5700** for more info and to schedule your class.

FIRST EUCHARIST



Preparation begins in August for those students who are in 2nd grade. Please contact **Emily Dumler** at **913-422-5520 ext. 202** for more information. First Eucharist will be on Sat., April 22, 2023.



CONFIRMATION

Preparation begins in August for those students who are in the 8th grade. Please contact **Jen Zans** at **913-422-5700 ext. 247**, for more information.

MARRIAGES



You must be a registered member of the parish for a minimum of six months. Please contact a priest at least six months prior to the anticipated wedding date to begin marriage preparation.



RCIA (Becoming Catholic)

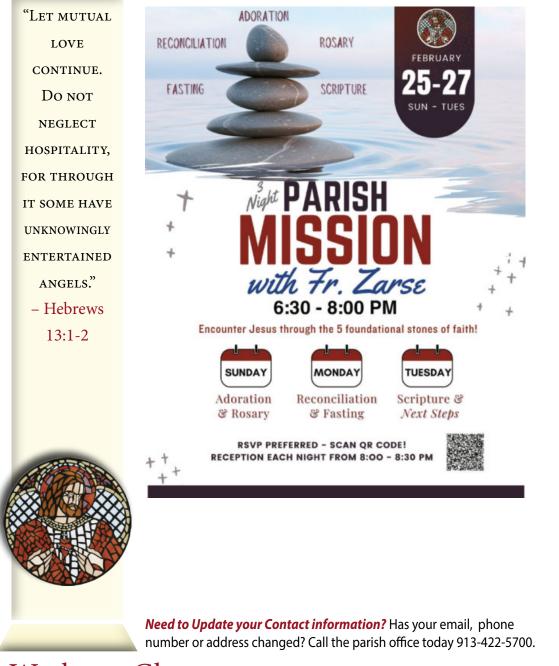
Our Rite of Christian Initiation of Adults sessions meet weekly on Tuesday evenings beginning in mid-September. Contact **Char Mies 913-422-5700, ext. 241** for more information.

ANOINTING OF THE SICK



Celebrated the First Thursday of each month within the 6:30 and 8:15 a.m. Masses as well as upon request. Contact the parish office **913.422.5700** for details.

Hospitality



COMING UP:

Februarv

St. Mary's Food Kitchen Tuesday, February 13

Ash Wednesday Mass Times February 14, 6:30am , 8:15am & 7:00pm

D-A-S-H Meeting Thursday, February 15 @8:00

Stations of the Cross Friday, February 16 @7:00 pm

Do you receive our weekly email updates? If not, scan the barcode below to join!



Ash Wednesday

Week at a Glance

	MONDAY 2.12.24	TUESDAY 2.13.24	WEDNESDAY 2.14.23
Mass Times/ Mass Intentions	6:30 a.m. Aquina Rajewsk † 8:15 a.m. Inten of Fr Donald Robinson	6:30 a.m. Geraldine Standis † 8:15 a.m. Intention of Tara Green	6:30 a.m. Tony Macek † 8:15 a.m. Thomas Free † 7:00 p.m. Sacred Heart Parishioners
Daily Gospel Readings	First Reading: Jas 1:1-11 Gospel: Mk 8:11-13	First Reading: Jas 1:12-18 Gospel: Mk 8:14-21	First Reading: Jl 2:12-18 Gospel: Mt 6:1-6, 16-18
Reconciliation Times	7:00 - 8:00 a.m.	7:00 - 8:00 a.m.	6:00 - 7:00 p.m.
Feast Days or Memorials			

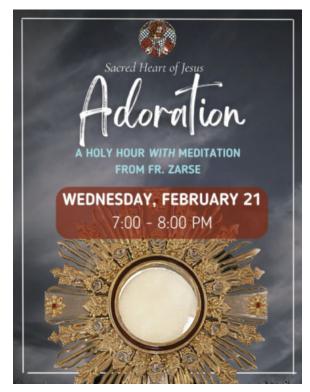
Prayer

SHOJ's Newly Baptized

- Elizabeth Jean Straub, child of Daniel and Laura
- Wyatt Robert Ingels, child of Jared and Jessica

Rosary Leaders

Sacred Heart is bringing back the rosary before ALL Masses! To do this, we need volunteers to lead the rosary 30 minutes prior to the start of Mass. All instructions are in the sign up link. Thank you for helping us offer this prayer time to our Parish! Click here to sign up: <u>https://bit.ly/rosary-shoj</u>



Gospel Meditation The 6th Sunday in Ordinary Time

Recently I had a skin rash, and it was awful. (Please don't tell anyone.) I am embarrassed to admit that I didn't handle it well. Complaining, whining, begging for sympathy, and crying were my responses to the merciless itching and burning. In the aftermath, a silver lining emerged. I feel a new heartfelt sympathy for all those vexed with chronic skin problems. If you've ever had a seemingly unending skin problem, you know how that sympathy flows up from deep inside.

This gut-level compassion is something like what the Gospel describes in Jesus when the sore-covered leper says, "If you will it, you can make me clean." At this, just before the healing, Jesus was "moved with compassion." The Greek word used here is strong and earthy, closer to "his bowels and guts trembled with the deepest emotions of sadness, pity, and love." In Jesus,

God heals our infirmities not from a divine distance but by learning what it feels like to be us. He acquires first-hand experience of what it costs us to be afflicted and still be faithful to God. He sympathizes with the burning, itching, and blistering of human existence in the deepest, first-hand way. To discover that is to touch Jesus' heart.

What in your life, right now, is breaking out like diseased skin? What is getting worse the more you try to soothe it? Perhaps only you feel it. Or maybe it's exposed to all. A bad habit, broken relationship, loneliness, fear of failure, self-hatred? Name it, and then find a way to bring it confidently to Jesus who will feel what we are feeling, and thereby heal us.

— Father John Muir

"Have no ANXIETY AT ALL, BUT IN EVERYTHING, BY PRAYER AND PETITION, WITH THANKSGIVING REQUEST KNOWN TO GOD." Philippians 4:6



FRIDAY 2.16.23 THURSDAY 2.15.23 SATURDAY 2.17.23 SUNDAY 2.18.23 8:15 a.m. Inten of Donna Rohner 8:00 a.m. William Standish † 6:30 a.m. Inten of Dean Owens 6:30 a.m. Paul Worthington † 4:30 p.m Inten of Eric & 9:30 a.m. Sacred Heart Parishioners 8:15 a.m. Intentions of Chuck & 8:15 a.m. Jim Baker † Alexandria Lorimer 11:00 a.m. Intention of Sydney Nancy Klug Duncan First Reading: Gn 9:8-15 First Reading: Is 58:9b-14 First Reading: Dt 30:15-20 First Reading: Is 58:1-9a 2nd Reading: 1 Pt 3:18-22 Lk 5:27-32 Gospel: Lk 9:22-25 Gospel: Mt 9:14-15 Gospel: Gospel: Mk 1:12-15 7:00 - 8:00 a.m. 3:00 - 4:00 p.m.

Adult Formation

"I, THE LORD, YOUR GOD, TEACH YOU WHAT IS FOR YOUR GOOD, AND LEAD YOU ON THE WAY YOU SHOULD GO."

> – Isaiah 48:17

No Greater Love Bible Study starts February 15

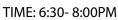


Filmed on location in the Holy Land, No Greater Love is a biblical pilgrimage that reveals Christ's amazing love for us. Best-selling author Edward Sri guides you through the last hours of Christ's life. You will walk step-by-step with Jesus from the garden of Gethsemane to Mount Calvary. Every step of the way, Old Testament prophecies, messianic expectations, biblical symbolism, and historical context shed light on the mystery of Christ's suffering and death. Experience a deeper understand-

ing and appreciation of God's immeasurable and unconditional love for you—grow closer to Jesus than you ever have before.

NOTE: All registrants will need to purchase their own book (14.99 + shipping) link to purchase is in registration. Scan QR code to register!

WHEN: EVERY THURSDAY FOR 5 SESSIONS STARTING FEBRUARY 15, 2024



Camp Tekakwitha Women's Retreat

This is a weekend for you! You will find speakers that inspire you, Sacraments that draw you to the heart of Christ, and fellowship with other women.

This retreat offers large group and break out sessions, individual reflection, Mass, Eucharistic Adoration, Reconciliation, free time, friendship, laughter, and joy!

Here you will find the space to relax, rejuvenate, and reconnect. Come enjoy the beauty of God's creation at Prairie Star Ranch and the gift of sharing life with other women seeking the heart of Jesus.

Date: April 26-28, 2024 Information and Registration: <u>https://archkck.org/camp-tekakwitha/</u>

Why do we do that? Catholic Life Explained Gossiping

Question: Is gossip a mortal sin? **Answer:** To really ask this question, we must consider the Eighth Commandment: "You shall not bear false witness." In its reflections on this commandment, The Catechism of the Catholic Church invites us to not only think about what bearing "false witness" means, but to also consider how we understand the truth and how we communicate more broadly. This is why so much of this section of the Catechism has to do with the gift of language. With this in mind, we will notice that the word "gossip" isn't used by the Catechism. Instead, we find the words "detraction" and "calumny," which are actually two forms that gossip can take, and both can be quite serious. First, detraction is the of revealing "another's faults and failings to persons who did not know them," without morally valid reasons. Calumny, by extension, is saying something about another person that is untrue, and it is sinful because it "harms the reputation of others and gives occasion for false judgements" (see no. 2477). In all of our communication, we have to always recognize that we have a moral obligation to the truth and to always work to protect the reputation and honor of our neighbors (see no. 2479). Gossip can, in fact, prove to be a very serious sin. The Catechism reminds us: "No one is bound to reveal the truth to someone who does not have the right to know it" (no. 2489). When we have gossiped, especially if we are aware we have damaged another person's good name or reputation, we want to make every effort to undo the damage we have done, including seeking the grace and forgiveness offered in the Sacrament of Reconciliation.



Adult Formation



Marriage Retreat at Sacred Heart

Successful couples don't settle. Whether you need to reconnect or you are looking to take your marriage from good to great, our in-person Weekend Immersion is for you. We get real about marriage — offering liberating insights and powerful, concrete couple's experiences. Like the thousands of couples who've been on our retreats, you will leave the weekend empowered and excited to bring more joy to your marriage. Scan QR code to register! Questions? Bdupont@archkck.org

February 24-25 Cost is \$50.00 per couple using Archdiocese discount code ARCHKCK



"BLESSED ARE THOSE WHO HUNGER AND THIRST FOR **RIGHTEOUS-**NESS, FOR THEY WILL BE SATISFIED." - Matthew

5:6



Encounter School of Healing

TEACHING, ACTIVATING & DEPLOYING CATHOLICS TO PARTICIPATE IN THE HEALING MINISTRY OF JESUS

Jesus never proclaimed the Gospel without demonstrating it in power and love. Jesus' healing ministry is at the heart of His Gospel of power and He expects His disciples to minister His healing on the earth (cf Mk 16:15-20). The Encounter School of Healing will teach and equip you to partner with the power of the Holy Spirit to experience healing miracles in the world around you. Healing is Jesus' idea and it is essential to the effective evangelization of our city and nation. Come experience the greater works Jesus has in store for you.

Friday, April 12: 6:30p-9:30p | Saturday, April 13: 9a-5p

Information and Registration: encounterschool.org/kansas-city

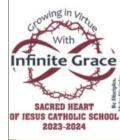






Sacred Heart School

January Virtues: Temperance, Honesty, Humility, Meekness



Sacred Heart of Jesus

Respect Life

2023-24 GROWING IN VIRTUE WITH INFINITE GRACE



Sacred Heart of Jesus Catholic School students love life.

Each year, our 8th graders make a pilgrimage to Topeka to uphold the call to protect the right to life. This year, at the Ignite Pro Love Rally For Life, they attended Mass and listened to speakers who shared their witness. John O'Leary, a burn victim, gave attendees a new way to think about what it means when we, as a Church, say we are Pro-Life.





Youth Formation

Staying Current on Virtus Training

Information for Virtus trained Volunteers and Employees

Please log on to your Virtus accounts and if need be complete the following:

- Unread bulletins. please get caught up (if you are no longer volunteering on a weekly basis your bulletins can be turned off, send email to virtus@shoj.org).
- Assigned online ongoing training modules that have not been completed need to be completed.
- Check your contact information and make sure it is correct.

Questions? Contact Maureen Reintjes at virtus@shoj.org



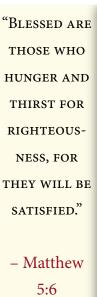
Scan QR Code to register!

Lent Fasting Ideas

Kids / Teen Fasting Ideas

- Give up a favorite toy or game
- Fast from social media for a day
- Give up a favorite snack
- Drink only water at school
- Give up a favorite chair at home or seat at school
- Go without headphones/air pods for a day
- Play your favorite game, focusing on helping others instead of winning
- Allow others to pass in front of you in the lunch line







Give up coffee (or only brew it at home) Give up alcohol

General Ideas for Lenten Sacrifices

- Give up certain social media sites, or limited them to certain days/time of day
- Give up electronics after a certain time in the day (i.e., no
- screens after 8 p.m.)
- Sleep without a pillow
- Wake up without hitting the snooze button
- Shower without hot (with only lukewarm) water
- Keep the thermostat several degrees cooler
- Park in the back of the parking lot and say a prayer as you walk to the grocery store
- Abstain from reading gossip/rumor sites



Service

"I, THE LORD, YOUR GOD, TEACH YOU WHAT IS FOR YOUR GOOD, AND LEAD YOU ON THE WAY YOU SHOULD GO."

> – Isaiah 48:17

Knights Baby Shower

The Knights of Columbus will be collecting mother and baby items (list below) once again for the Wyandotte Pregnancy Clinic starting the weekend of January 20 and ending after the 11 a.m. mass on February 11. Please place items in the small play pen located in the church narthax. If you have any questions on donations, please contact Jim Tepper at 816-215-6634 or Jtepper@capitalelectric.com

Baby Items Needed:

BOYS pants/tops/outfits: 9-12 months, 12-18 months, 18- 24 months, 2T-5T

GIRLS 2T-5T tops/bottoms/outfits

Need 5-7 diapers, and 3-4T pull-ups and 4-5T pull-ups

Medium & large soft furry blankets

baby bath soap baby lotion baby bottles diapers & wipes



All Parish Serve Day

Save the date! Join Sacred Heart Parishioners for an ALL Parish Serve Day on **Saturday, February 24** from 8am-12pm! Three locations available to serve on that day. Tentative schedule is Mass at 8:15 a.m., breakfast at 8:45 and at arrive at your chosen volunteer location at 9:20 a.m. Service time concludes at 11:30 a.m. Four location options available either through Hope Distribution Center in KCK or three Turnstyles locaitons (Mission or Overland Park). Sign up in Flocknote!

Ongoing Service Opportunities

2nd Tuesday of the Month

Every second Tuesday of the month, Sacred Heart helps feed the hungry through the **St. Mary's Food Kitchen**. Look for pans the weekend before (in the narthex) to cook and bring back a dish by Tuesday at 8:45 a.m. OR help serve the food that morning at 9: 00 a.m. at the Willa Gill Center, 645 Nebraska Ave. KCKS. Contact Ryan and Lynsey Hammeke for further details at 913-422-8228.

4th Friday of the Month

Do you like to bake? Every 4th Friday of the month (see sign up genius for exact dates) Sacred Heart provides cookies for **Feed His Lambs** communiity organization which provides meals to families in need in the Bonner Springs and Edwardsville communities. To donate go to: http:// bit.ly/FeedHisLambs-SHOJ

Recognize God in your Ordinary Moments Sin and Loneliness

When I was in high school, we read "The Metamorphosis" by Franz Kafka. It's a depressing little novella about a man who (spoiler alert!) turns into a cockroach and dies of neglect, his family gradually ceasing to recognize the creature he has become. "Never underestimate how badly human beings need touch," our teacher told us. "Without each other, we curl up and die." Our need for communion with each other is written into our biology — breathing and heart rate of newborns regulates when they lie against the skin of their mothers, and we instinctively reach out to embrace someone who has been wounded. But it is also written into our souls. Consider the early days of the pandemic, and the emotional starvation we all experienced, prevented from gathering in groups to worship, to celebrate and to mourn. And when we did encounter other people, we kept a mutual distance. "I feel like a leper," we grumbled to our families when we returned home, because we finally understood it: the real tragedy of leprosy is not pain and disfigurement. The real tragedy of leprosy is loneliness. "If you wish, you can make me clean," begged the leper as he knelt before Christ (Mark 1:40). He wasn't begging for deliverance from pain and disfigurement. He was begging for deliverance from isolation.

"If you wish, you can make me clean," we beg God in confession, not because we are physically withering and dying but because we are so desperate to once again be held in His embrace. *"Moved with pity, he stretched out his hand, touched him, and said to him, 'I do will it. Be made clean."* — Mark 1:41

Eucharistic Revival

From Sister Alicia Torres, F.E.

Managing Editor of the Eucharistic Revival Newsletter



Dear Friends,

We are less than one week away from Ash Wednesday and the holy season of Lent! As we consider how the Lord is inviting us to grow in relationship with him and one another over these coming

forty days, I want to share with you briefly what you can look forward to in Heart of the Revival:

Lenten Eucharistic Prayer Companions: Thank you to Sr. Maria Miguel, OP, and Sr. Anamargarita, SCTJM, for prayerfully preparing these beautiful prayer guides that will help us grow closer to Jesus during Eucharistic Adoration and connect our time of quiet prayer before the Blessed Sacrament with the Holy Sacrifice of the Mass. Meditations include Scripture passages from the Sunday Masses during Lent and prompts to help us unite our own offerings to the offering of Jesus at Mass. Finally, we'll receive encouragement to practice a spiritual work of mercy in our daily lives!

Spiritual Works of Mercy and the Eucharist Series: Each week of Lent we'll feature a reflection from different voices across the Church on one of the Spiritual Works of Mercy, showing how it is rooted in the saving work of Jesus accomplished through the Paschal Mystery, which we relive at every Mass.



More Testimonies: Each newsletter will highlight a short testimony from ordinary Catholics who are living Eucharistic Revival. We'll also post more full-length interviews on our blog!

The National Eucharistic Congress is just five months away, and in about three months the National Eucharistic Pilgrimage will launch with pilgrims from across the country traveling on four routes that will converge in Indianapolis on July 16, the eve of the Congress! I am committed to making this newsletter and our weekly newsreel, The Pulse, resources you can depend on in the exciting weeks and months ahead. "Blessed are those who hunger and thirst for righteousness, for they will be satisfied."
Matthew

Matthew 5:6



Sacred Heart of Jesus Parish Staff

Priests/Deacon:

Fr. Jaime Zarse, Pastor....ext. 204 Deacon Nicholas Moragues.....ext. 276

Ministry Staff:

Mindy Boor, Music Coordinator, ext. 237 Emily Dumler, Director of Religious Ed K-5, ext. 202 Megan Dusselier, Director of Preschool, ext. 256 Tara Green, Hospitality Coordinator, ext. 253 Kathy Clement, Liturgy Coordinator, ext. 229 Kerry O'Keefe Owens, Miss Discipleship Coord, x250 Char Mies, RCIA and Adult Retreat Coord., ext. 241 Kathy Rhodes, School Principal, ext. 206

Main Parish Office: 913.422.5700 Parish Fax Number: 913.422.5723 Parish School: 913.422.5520

> Kathleen Whalen, Dir of Missionary Discipleship, ext. 252 Jen Zans, Youth Ministry & Confirmation Coordinator, ext. 247

Administrative Staff:

Jessica Adams, Marketing Coordinator, ext. 248 Mike Billquist, Director of Facilities, ext. 268 Julie Krause, Business Manager, ext. 205 Jennifer Peavler, Executive Assistant to Pastor & Business, ext. 225 Mike Pfitzner, Maintenance Coordinator

ArchKCK and Parish Financials

Pilgrimage to Mexico

Join Fr Colm Larkin and other hosts as we head to see the patroness of the Americas! We live in a turbulent time, butOur Lady desires for us to turn to her son, Jesus. From July 7-12 we will visit the various sites of miracles while celebrating Mass in one of the holiest places on Earth. We have 2 tracks to choose from: 1)for the typical pilgrim and 2) for high school graduate into their 20s. More information: <u>www.kcascension.org/</u> mexico.



Lenten Marriage Retreat

This year the first weekend of Lent falls right after Valentine's Day... and we have the perfect way to celebrate! Take some time away with your spouse to discover the link between holiness and romance, and go home with some practical ways to put more of both in your life!

-How being "in love" with your spouse makes you holier

- -How to love your spouse more effectively
- -Great conversations with your beloved

-Encouragement by like-minded couples (but no small group sharing!)

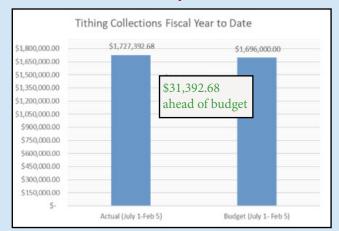
Our Lady of Guadalupe – Topeka, KS February 17 at 8:30 am. Register at <u>https://archkck.org/marriageretreat/</u>

If cost makes you hesitate to register, please email Brad below for a scholarship. Other questions? Contact Brad DuPont bdupont@archkck.org

Marriage & Family Life Newsletter



Parish Weekly Financials





"For God so loved the world, he gave his only Son, so that everyone who believes in him might not perish but might have eternal life." John 3:16



For ad info. call 1-800-950-9952 • www.4lpi.com

Sacred Heart, Shawnee, KS

B 4C 02-0403



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