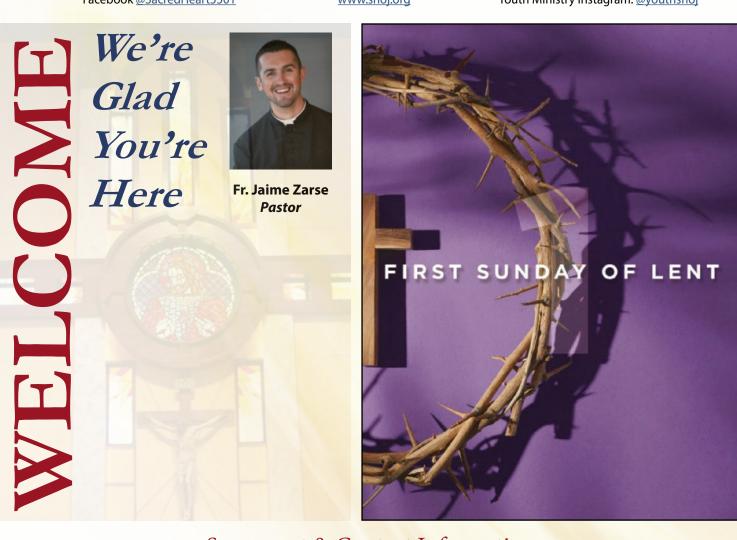


Our Parish Mission: We, the faith community of Sacred Heart of Jesus Catholic Church, faithful to the teachings of the magisterium, are committed to forming Disciples of Christ by embracing Stewardship through Hospitality, Prayer, Formation and Service.

Facebook @SacredHeart5501

<u>www.shoj.org</u>

Youth Ministry Instagram: @youthshoj



Sacrament & Contact Information

BAPTISM A Baptism completed baptism

A Baptism preparation class must be completed prior to scheduling your child's baptism. Baptisms are held on Sundays after the 11 a.m. Mass. Please contact **Kathleen Whalen** at **913.422.5700** for more info and to schedule your class.

FIRST EUCHARIST



Preparation begins in August for those students who are in 2nd grade. Please contact **Emily Dumler** at **913-422-5520 ext. 202** for more information. First Eucharist will be on Sat., April 22, 2023.



CONFIRMATION

Preparation begins in August for those students who are in the 8th grade. Please contact **Jen Zans** at **913-422-5700 ext. 247**, for more information.

MARRIAGES



You must be a registered member of the parish for a minimum of six months. Please contact a priest at least six months prior to the anticipated wedding date to begin marriage preparation.



RCIA (Becoming Catholic)

Our Rite of Christian Initiation of Adults sessions meet weekly on Tuesday evenings beginning in mid-September. Contact **Char Mies 913-422-5700, ext. 241** for more information.

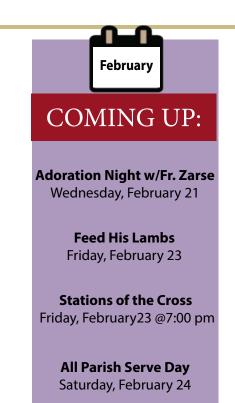
ANOINTING OF THE SICK



Celebrated the First Thursday of each month within the 6:30 and 8:15 a.m. Masses as well as upon request. Contact the parish office **913.422.5700** for details.

Hospitality

| "Let mutual | Night PARISH | | | |
|--------------|--|--|--|--|
| LOVE | | | | |
| CONTINUE. | MISSION | | | |
| Do not | with Fr. Zarse | | | |
| NEGLECT | Encounter Jesus through the 5 foundational stones of faith! | | | |
| HOSPITALITY, | 25 26 27 | | | |
| FOR THROUGH | Adoration Reconciliation Scripture & | | | |
| IT SOME HAVE | & Rosary & Fasting Next Steps | | | |
| UNKNOWINGLY | 6:30 - 8:00 pm | | | |
| ENTERTAINED | ADORATION | | | |
| ANGELS." | ROSARY | | | |
| – Hebrews | RECONCILIATION | | | |
| 13:1-2 | FASTING | | | |
| 10.1 2 | SCRIPTURE | | | |
| | RSVP PREFERRED - SCAN QR CODE! RECEPTION EACH NIGHT FROM 8:00 - 8:30 PM | | | |
| | | | | |



Do you receive our weekly email updates?

If not, scan the barcode

below to join!



Social Seniors Outing - Register Now

The SHOJ Social Seniors (60+) Ministry is excited to go to the New Dinner Theater on Wednesday April 10 to enjoy a great lunch, fellowship and to watch the 11:50am matinee of ELVIS: Aloha from Vegas starring Victor Trevino Jr. The ticket price is \$33 per person and includes lunch buffet and the show. RSVP (and payment) by Wednesday March 6, so register soon!



Need to Update your Contact information? Has your email, phone number or address changed? Call the parish office today 913-422-5700.

Week at a Glance

| | MONDAY 2.19.24 | TUESDAY 2.20.24 | WEDNESDAY 2.21.24 |
|-----------------------------|--|--|---|
| Mass Times/ Mass Intentions | 6:30 a.m. Herbert Reischman † 8:15 a.m. Nancy Lyons † | 6:30 a.m. Raymond Unrein † 8:15 a.m. Jill Brand Leonard † | 6:30 a.m. Elise Frances Humphrey † 8:15 a.m. Aquina Rajewski † |
| Daily Gospel Readings | First Reading: Lv 19:1-2, 11-18 Gospel: Mt 25:31-46 | First Reading:Is 55:10-11Gospel:Mt 6:7-15 | First Reading:Jon 3:1-10Gospel:Lk 11:29-32 |
| Reconciliation Times | 7:00 - 8:00 a.m. | 7:00 - 8:00 a.m. | 6:00 - 7:00 p.m. |
| Feast Days or Memorials | PRESIDENTS | | ST. PETER DAMIAN |

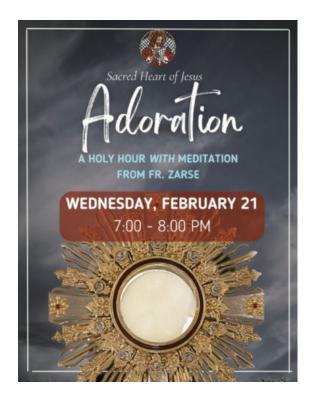
Prayer

In Sympathy:

Let us remember in our prayers the repose of the soul of **Donald Blecha**, Father of Joe Blecha of our Parish.

Knights Rosary

Join the Knights of Columbus at Sacred Heart, each week on Tuesday evenings at 6:30 p.m. for the rosary and also the last Saturday of the month at 9:00 a.m. Respect Life rosary and the fifth Sunday rosary are at Noon and in the rosary garden. All are welcome!



Gospel Meditation The First Sunday of Lent

When I feel down, I sometimes watch the famous "Double Rainbow" video on YouTube to feel better. It's hilarious. A young man camping in Yosemite Park sees two rainbows stretching across the sky. He bursts into a kind of ecstasy. "Double rainbow, all the way! Oh my God!" he announces. Then he starts to weep. He cries out, "What does it mean?" Beneath the humor of his glorious overreaction is the deep intuition we all have, I think, when we see the colorful bow in the sky. This Sunday, God sends a rainbow to Noah, and to us. What does it mean?

Long before YouTube had the double rainbow, Dante's medieval poem The Divine Comedy featured one in his image of paradise. Seeing two rainbows, he muses that one is born of the other. The bow is God's promise of peace. For Dante, it's even more: nature's encrypted image of the Trinitarian God. One visible rainbow (God the Son) is begotten of another usually

invisible one (God the Father) united by invisible light between them (God the Spirit). Like invisible light, Trinitarian glory surrounds us in every moment — but Jesus has made it visible in his glorious body.

Lenten challenge: This might seem silly, but this Lent I invite you to find a rainbow and meditate on it. You might have to make one yourself, like this current desert-dweller will. Gaze on it. See there a natural gift from the Creator, saying to you, "Here I am! I will love and protect you, surrounding you in My glory." This Lent let's embrace that with confidence, rain, or shine. "Have no ANXIETY AT ALL, BUT IN EVERYTHING, BY PRAYER AND PETITION, WITH THANKSGIVING MAKE YOUR REQUEST KNOWN TO GOD." Philippians 4:6



| dence, rain, or sinne. | | | | |
|--|--|---|---|--|
| THURSDAY 2.22.24 | FRIDAY 2.23.24 | SATURDAY 2.24.24 | SUNDAY 2.25.24 | |
| 6:30 a.m. Deb McMahon † 8:15 a.m. Glenn Russell † | 6:30 a.m. Almer and Marguerite Gauthier † 8:15 a.m. Trista Brownell † | 8:15 a.m. Augustina Gallardo † 4:30 p.m Janet Hart † | 8:00 a.m. Janet Louise Gafney † 9:30 a.m. Sacred Heart Parishioners 11:00 a.m. Ann Menghini † | |
| First Reading: 1 Pt 5:1-4 Gospel: Mt 16:13-19 | First Reading:Ez 18:21-28Gospel:Mt 5:20-26 | First Reading:Dt 26:16-19Gospel:Mt 5:43-48 | First Reading: Gn 22:1-2, 9a, 10-13 2nd Reading: Rom 8:31b-34 Gospel: Mk 9:2-10 | |
| | 7:00 - 8:00 a.m. | 3:00 - 4:00 p.m. | | |
| | | | | |

Adult Formation

"I, THE LORD, YOUR GOD, TEACH YOU WHAT IS FOR YOUR GOOD, AND LEAD YOU ON THE WAY YOU SHOULD GO."

> – Isaiah 48:17



This Rite offers the parish community an opportunity to acknowledge the spiritual progress the catechumens and candidates have made, express approval of their election or recognition and send them forth to the Archbishop for the Rite



of Election this evening which Sacred Heart will host this year. At the Rite of Election, catechumens (those preparing for Baptism) are invited to come forward and sign a the "Book of the Elect" as a sign of their desire to be numbered among the chosen people of God. Baptized candidates will celebrate the RCIA Rite of "Call to Continuing Conversion", encouraging them to hear the Lord's call to continued conversion and to be faithful to their baptismal covenant. The elect and candidates are thereby moved by these Rites into a final period of intense spiritual preparation leading up to the celebration of the Sacraments at Easter.

Please keep our catechumens (Alexa Aylward, Lance Dixson, Seth Dixson, Nicole Mayfield and Allie Pecina) and candidates (Jenifer Barney, Maddi Barney, Brian Bosak, Dawn Classen, Grace Deneke, Nick Guess, Curt Janke, Ryan Kelly, Vicky Kelley, Angelo Reffett, Scott Seyller, Danielle Small, Cameron White, Conner White, Maitland Wiltse, and Casey Zillner) in your prayers as they continue this important journey.



Marriage Retreat at Sacred Heart

Successful couples don't settle. Whether you need to reconnect or you are looking to take your marriage from good to great, our in-person Weekend Immersion is for you. We get real about marriage — offering liberating insights and powerful, concrete couple's experiences. Like the thousands of couples who've been on our retreats, you will leave the weekend empowered and excited to bring more joy to your marriage. Scan QR code to register! Questions? Bdupont@archkck.org

February 24-25 Cost is \$50.00 per couple using Archdiocese discount code ARCHKCK



Why do we do that? Catholic Life Explained Vestment Colors

Question: What do the colors of the priest's and deacon's vestments mean?

Answer: In the Roman Rite of the Catholic Church, the colors of the vestments evolved over the course of several centuries and there was wide variation both in the colors used, and in the feasts and seasons associated with particular colors. It was Pope Innocent III (d. 1216) who gave us the basic outline that was later prescribed by Pope Saint Pius V in 1570. The various colors remind us of the dominant themes of a particular season or celebration.

• White: Used for the seasons of Christmas and Easter and in celebrations of the Lord, of Mary, the angels, and saints who were not martyrs. This color is also used in Masses for the dead, at baptisms, weddings and other festive events **Red:** As the color of both blood and fire, red is used on Palm Sunday and Good Friday, as well as Pentecost and special celebrations of the Holy Spirit. Moreover, red is used on the feasts/memorials of the Apostles/saints who died as martyrs. • Violet: The color for Advent and Lent. Violet may also be used in Masses for the dead and on All Souls Day (Nov. 2).

• Green: A color of life and hope, green is used throughout Ordinary Time.

Other colors: Rose may be used on the Third Sunday of Advent and the Fourth Sunday of Lent, black may be used in Masses of the dead and on All Souls Day, gold or silver may be used on solemn occasions in place of white, red, or green.

Adult Formation

A Note from Pastor - Facility Master Planning Committee

Dear Sacred Heart Parishioners:



I want to share some exciting news with you! It became known through the Parish Planning Workshop held in September 2023, the desire to re-visit our facility master plan. Since the plan was 20 years old, I sought permission from the Archbishop for the ability to pursue an updated facility master plan to make sure we understand the current and future needs of our parish community. He has given us the green light.

We have formed a Facility Master Planning Committee (FMPC) and they will begin to meet at the end of this month. They will be charged with assessing our entire campus,

interviewing and selecting an architect firm to help guide us through this master plan process and approving the final master plan.

Throughout this year-long process, the FMPC will seek parishioner input in various ways: sub-committees, focus groups, surveys, town hall meetings and visioning sessions. Once the schedule has been set (tentatively for late summer/early Fall), we will communicate those opportunities to the parish at large to be sure all voices are heard.

Please pray for the FMPC members and for our parish community as we embark on this journey!

In Christ,

Fr. Zarse

Facility Master Planning Committee (FMPC) Members:

Alisa Fiser, Parish Member at Large Ryan Floy, Parish Member at Large Andy Graham, Parish Member at Large Holly Myers, Parish Member at Large Tony Rome, Finance Council, Parish Member at Large Tiffany Scholl, Parish Member at Large Fr. Zarse, Pastor Mike Billquist, Director of Facilities Julie Krause, Business Manager Kathy Rhodes, School Principal





Encounter School of Healing

TEACHING, ACTIVATING & DEPLOYING CATHOLICS TO PARTICIPATE IN THE HEALING MINISTRY OF JESUS

Jesus never proclaimed the Gospel without demonstrating it in power and love. Jesus' healing ministry is at the heart of His Gospel of power and He expects His disciples to minister His healing on the earth (cf Mk 16:15-20). The Encounter School of Healing will teach and equip you to partner with the power of the Holy Spirit to experience healing miracles in the world around you. Healing is Jesus' idea and it is essential to the effective evangelization of our city and nation. Come experience the greater works Jesus has in store for you.

Friday, April 12: 6:30p-9:30p | Saturday, April 13: 9a-5p

Information and Registration: encounterschool.org/kansas-city



Sacred Heart School

February Virtues:

Moderation Modesty

Orderliness

Self-

CONTROL





Games are run

2023-24 GROWING IN VIRTUE WITH INFINITE GRACE



Those are the only rules in the Board Game elective at Sacred Heart. On this day, our 8th graders competed in a random round-robin tournament of games they had played since they were little: Candyland, Chutes and

Ladders, Uno, Trouble, and Connect 4.

Nothing but good times and great

memories here!

Play Nice. Win Nice. Lose Nice.



Staying Current on Virtus Training

Information for Virtus trained Volunteers and Employees

Please log on to your Virtus accounts and if need be complete the following:

- Unread bulletins. please get caught up (if you are no longer volunteering on a weekly basis your bulletins can be turned off, send email to virtus@shoj.org).
- Assigned online ongoing training modules that have not been completed need to be completed.
- Check your contact information and make sure it is correct.

Questions? Contact Maureen Reintjes at virtus@shoj.org



Youth Formation

Youth Summer Trips Registration is OPEN!

Sacred Heart Youth Ministry has two amazing opportunities for summer trips again this year! Check them out:

Prayer & Action:

June 9-14 or June 23-28 \$225

Steubenville Conference

July 12-14 Cost: \$300

Scan QR code or Info and Registration for both is below:

https://web4u.forms-db.com/view. php?id=2056273



"Blessed are Those who hunger and Thirst for righteousness, for they will be satisfied."

– Matthew 5:6



Lent Fasting Ideas

Kids / Teen Fasting Ideas

- Give up a favorite toy or game
- Fast from social media for a day
- Give up a favorite snack
- Drink only water at school
- Give up a favorite chair at home or seat at school
- Go without headphones/air pods for a day
- Play your favorite game, focusing on helping others instead of winning
- Allow others to pass in front of you in the lunch line



General Ideas for Lenten Sacrifices

- Give up coffee (or only brew it at home)
- Give up alcohol
- Give up certain social media sites, or limited them to certain days/time of day
- Give up electronics after a certain time in the day (i.e., no
- screens after 8 p.m.)
- Sleep without a pillow
- Wake up without hitting the snooze button
- Shower without hot (with only lukewarm) water
- Keep the thermostat several degrees cooler
- Park in the back of the parking lot and say a prayer as you walk to the grocery store
- Abstain from reading gossip/rumor sites

Service

"I, THE LORD, YOUR GOD, TEACH YOU WHAT IS FOR YOUR GOOD, AND LEAD YOU ON THE WAY YOU SHOULD GO."

> – Isaiah 48:17

All Parish Serve Day

Save the date! Join Sacred Heart Parishioners for an ALL Parish Serve Day on **Saturday, February 24** from 8am-12pm! Three locations available to serve on that day. Tentative schedule is Mass at 8:15 a.m., breakfast at 8:45 and at arrive at your chosen volunteer location at 9:20 a.m. Service time concludes at 11:30 a.m. Four location options available either through Hope Distribution Center in KCK or three Turnstyles locaitons (Mission or Overland Park). Sign up in Flocknote!



Ongoing Service Opportunities

2nd Tuesday of the Month

Every second Tuesday of the month, Sacred Heart helps feed the hungry through the **St. Mary's Food Kitchen**. Look for pans the weekend before (in the narthex) to cook and bring back a dish by Tuesday at 8:45 a.m. OR help serve the food that morning at 9: 00 a.m. at the Willa Gill Center, 645 Nebraska Ave. KCKS. Contact Ryan and Lynsey Hammeke for further details at 913-422-8228.

4th Friday of the Month

Do you like to bake? Every 4th Friday of the month (see sign up genius for exact dates) Sacred Heart provides cookies for **Feed His Lambs** communiity organization which provides meals to families in need in the Bonner Springs and Edwardsville communities. To donate go to: <u>http://</u> <u>bit.ly/FeedHisLambs-SHOJ</u>

Recognize God in your Ordinary Moments Lent and the Flood

I would bet money that somewhere in your church this Lent, there's a bare tree branch draped in purple fabric and an empty bowl filled with rocks.

I'm not poking fun, the desert imagery that surrounds the season of Lent isn't a cliché — or if it is, it's only because cliches are essentially true. Lent is the dessert. Lent is the wilderness. Lent is the time of less.

But what if Lent was also the flood? It seems counterintuitive, floods are excessive, and we don't think of Lent as a time for superabundance. Lent is when we limit experiences outside of ourselves in order to limit proclivities within ourselves. Lent is not a time for anything to be washing over us, consuming us, carrying us away on a tide.

Unless...it is. Consider the flood of the Old Testament. An act of destruction, yes, but also an act of purification. An endurance test for the soul, an epic trust fall exercise between God and Noah in which Noah had to ride the literal waves, clinging to life as God wiped away everything familiar. Everything sinful.

In Lent, we relinquish our weaknesses and our infirmities to the flood. It's frightening, certainly. But it's also exciting. Because just as the flood destroys everything, it also makes everything possible. It is a baptism. Lent, like the flood, makes the world new. *"Put to death in the flesh, he was brought to life in the Spirit."* — 1 Peter 3:18

Eucharistic Revival

From Sister Alicia Torres, F.E.

Managing Editor of the Eucharistic Revival Newsletter



Dear Friends,

Have you ever wondered about mercy—I mean, really wondered?

When I was a young child, my mother developed a strong devotion to the

Divine Mercy, and we regularly prayed the Chaplet at home. I learned about the life of St. Faustina and how much Jesus loves us, who are all poor sinners in need of mercy.

When I was in the eighth grade, I asked the sisters at our school if we could pray the Divine Mercy Chaplet in the chapel at 3 p.m. on Fridays. They said yes.

I had hoped that my classmates would all show up en masse. Instead, the greatest presence was from the younger children, especially the sixth-grade class, who faithfully came every Friday. Although I was crestfallen over the lack of participation from my friends, I was very encouraged by how the youngsters in our school came each week without fail to pray before the silent presence of Jesus in the Blessed Sacrament, hidden in the tabernacle, asking God to have mercy on us and on the whole world.

Lent is just as much a festival of mercy as it is a season of love. There is no place on earth where we meet God, who is Love and Mercy,



more powerfully than in the Eucharist. And from this profound summit, we receive the very sustenance necessary to share God's merciful love with the whole world.

Heart of the Revival will mark these coming weeks of Lent with our new series, Spiritual Works of Mercy and the Eucharist, helping each of us make concrete connections between the source and summit of our Faith and our call to "Be merciful, just as [our] Father is merciful" (Lk 6:36).

Here is a list of the spiritual works of mercy:

Pray for the Living and the Dead Admonish the Sinner Bear Wrongs Patiently Instruct the Ignorant Counsel the Doubtful Comfort the Sorrowful Forgive Injuries

You can learn more about each Work of Mercy online. We begin this week with "pray for the living and the dead."

As we remain united in prayer before the Holy Eucharist this Lent—both at Mass and in adoration—let's allow the Lord Jesus to deepen our dedication to living these Works of Mercy. "Blessed are those who hunger and thirst for righteousness, for they will be satisfied."

– Matthew 5:6



Sacred Heart of Jesus Parish Staff

Priests/Deacon:

Fr. Jaime Zarse, Pastor....ext. 204 Deacon Nicholas Moragues.....ext. 276

Ministry Staff:

Mindy Boor, Music Coordinator, ext. 237 Emily Dumler, Director of Religious Ed K-5, ext. 202 Megan Dusselier, Director of Preschool, ext. 256 Tara Green, Hospitality Coordinator, ext. 253 Kathy Clement, Liturgy Coordinator, ext. 229 Kerry O'Keefe Owens, Miss Discipleship Coord, x250 Char Mies, RCIA and Adult Retreat Coord., ext. 241 Kathy Rhodes, School Principal, ext. 206

Main Parish Office: 913.422.5700 Parish Fax Number: 913.422.5723 Parish School: 913.422.5520

> Kathleen Whalen, Dir of Missionary Discipleship, ext. 252 Jen Zans, Youth Ministry & Confirmation Coordinator, ext. 247

Administrative Staff:

Jessica Adams, Marketing Coordinator, ext. 248 Mike Billquist, Director of Facilities, ext. 268 Julie Krause, Business Manager, ext. 205 Jennifer Peavler, Executive Assistant to Pastor & Business, ext. 225 Mike Pfitzner, Maintenance Coordinator

ArchKCK and Parish Financials

"Unfailing Mercy" Retreat

Lent is a perfect time to make positive changes in your life to grow closer to God. Has a past abortion made you feel alienated from God? Are you having a hard time seeking forgiveness, or forgiving yourself? Project Rachel is offering a Saturday Retreat to address these issues and much more. Please join our "Unfailing Mercy" retreat in a judgement-free environment. Confidentiality is our priority.

Date: Saturday, March 9, 2024

Time: 8:30am - 4:00pm Location: Lenexa (address given after registration) Continental Breakfast, Lunch and Materials provided. To register contact: projectrachelkc@archkck.org or call/text 913-621-2199 Deadline to register: 3/4/24

REBOOT! A Life-Changing Event

Wednesday, **February 21** at St. Andrew the Apostle Catholic Church (6415 NE Antioch Rd, Gladstone MO)

- 6pm Check-in
- 6:30pm-8:30pm Retreat

Reboot! is the fun, inspiriting and practical experience for all ages (12+) of applying the beauty and genius of the Gospel to every aspect of your life. From prayer and spirituality to work, dating, marriage, parenting, health, and more – Reboot! is your guide to living a life filled with purpose and meaning. Join Chris Stefanick—an internationally acclaimed author, speaker and TV host—for a life-changing evening. Hear the Good News that the Lord has for ALL of us, and learn how to live this JOY in your everyday life. Make the commitment to have more JOY in your life today.

Get paid for Pro-Life Work!

Feel called to save women and babies?

Coalition Life has come to the Kansas City area! Coalition Life's purpose is to empower abortion minded/ vulnerable women to choose life instead of abortion.

Join Coalition Life as a paid, part-time sidewalk counselor or support staff in front of the Planned Parenthood in Overland Park and empower vulnerable, abortion-minded women to choose life instead of abortion.

No experience needed-we will train you. Flexible work schedule: 4-29 hours per week.

Volunteer opportunities also available.

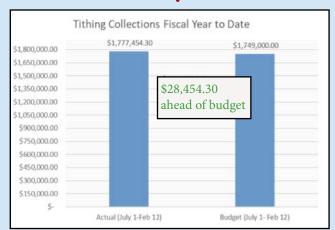
Please contact Lisa at 636-735-3263 or lisa@coalition-life.com for more information.

https://coalitionlife.com/jobs/

Ignatian Spirituality Center Director Opening

The Ignatian Spirituality Center of Kansas City is currently seeking well-qualified candidates for the position of Executive Director, someone with a passion for Ignatian Spirituality and the experience to lead a small team and a large group of volunteers. Part-time (25-30 hours) based in the Kansas City area. ISC-KC is sponsored by the Society of Jesus (Jesuits). Job description at ignatiancenterkc.org/blog. Application deadline Feb. 29, 2024.

Parish Weekly Financials





"For God so loved the world, he gave his only Son, so that everyone who believes in him might not perish but might have eternal life." John 3:16



For ad info. call 1-800-950-9952 • www.4lpi.com

Sacred Heart, Shawnee, KS

B 4C 02-0403



For ad info. call 1-800-950-9952 • www.4lpi.com

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Sacred Heart, Shawnee, KS

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