

Possible Service Organizations for Confirmation or High School Service Hours

- **Alexandra's house** The mission of Alexandra House is to empower victims of domestic and sexual violence and inspire social change, through education, support and advocacy. <https://www.alexandrahouse.org/wp-content/uploads/2020/03/AH-Volunteer-Opportunities-2020.pdf>
- **Alex's Lemonade Stand** Their mission is to change the lives of children with cancer through funding impactful research, raising awareness, supporting families and empowering everyone to help cure childhood cancer. <https://www.alexslemonade.org/campaign/individuals-families>
- **Amethyst Place** Their programs help families overcome interconnected cycles of trauma, substance use and poverty through supportive housing, family empowerment and therapeutic services. <https://amethystplace.org/volunteer/>
- **Angels of Grace Family Services**
https://www.facebook.com/angelsokgracekc/about/?ref=page_internal
- **Animal Shelters**
- **Assisted Living Communities**
 - Brookdale
 - Lakeview Village
 - Santa Monica
 - Villa of St. Francis
 - Or many others not listed...
- **Bishop Sullivan Center:** help their community by serving a meal at Once City Café, helping pack and distribute groceries in their food pantry or helping in their office. <https://bishopsullivan.volunteerhub.com/?format=0&filter={}>
- **Boys & Girls Club:** <https://bgc-gkc.org/get-involved/volunteer/>
- **Catholic Charities**
 - **Turnstyles Thrift:** there are 3 location in the KC Metro. Volunteers are needed to receive and process incoming donations, tag new merchandise and assist with different tasks on the sales floor. Volunteers are needed Monday, Wednesday-Saturday 9:00 a.m. to 6:00 p.m.
 - **Hope Distribution Center (HDC):** HDC serves as the central location for incoming food donations in the KC Metro and our hub for food distribution for our 8 food pantries. Volunteers are needed to sort and pack food for distribution.
 - **Mass Food Distribution:** Volunteer at the regular large mobile food pantry on the 3rd Saturday of every month. Spots fill up quickly, check back periodically at: <https://www.signupgenius.com/go/70a0e48a8a828aa8-catholic1>.
 - Catholic Charities has **many other volunteer opportunities**, visit <https://catholiccharitiesks.org/covid-volunteering/> for more information.
- **Catholic Youth Organization (CYO)**
- **Center of Grace:** Strengthening families, individuals and children in building community. <https://centerofgrace.center/volunteer-opportunities/>
- **Children's Mercy Hospital:** (High School and up)
<https://www.childrensmercy.org/ways-to-give/volunteer-at-the-hospital/high-school-student-volunteer/>

- **The Children's Place** (16 years and older) To help children and families heal from life's deepest hurts by working to restore childhood by pursuing and celebrating healing for young children who have faced trauma, enabling children to lead happy, healthy lives. <https://www.childrensplacekc.org/ways-to-help/volunteer/>
- **Christian Youth Theatre**
- **City Union Mission** Provides warm beds, nutritious foods and a place of safety for thousands of poverty-stricken homeless men, women and children. <https://cityunionmission.org/volunteer-3/>
- **Midnight Farms Therapeutic Riding** Equine assisted occupational therapy, provides opportunity for physical, cognitive and emotional growth through the movement and emotional bond created with the horse.
- **Community Centers**
- **Community LINC** Helping end family homelessness in KC. <https://communitylinc.org/volunteer/>
- **County Youth Courts, Parks & Rec & Libraries**
- **Crittenton Children's Center:** Cares for the emotional and mental health of KC's children and families to help children learn to regulate their emotions, build communication skills and develop strategies for resilience and strength. <https://www.saintlukeskc.org/locations/crittenton-childrens-center>
- **Down Syndrome Guild:** Providing resources individuals and families with down syndrome. <http://stg.kcdsg.org/volunteer.php>
- **Due West Therapeutic Riding Center: (Volunteers 14 years & older)** <https://www.duewesttrc.org/volunteer>
- Equine assisted occupational therapy, provides opportunity for physical, cognitive and emotional growth through the movement and emotional bond created with the horse.
- **El Centro:** <https://www.elcentroinc.com/ways-to-help/volunteer/>
- **Food Kitchens/Pantries/Distribution**
- **Giving the Basics:** Began in the Midwest in 2011 when a small group of people got together to help a family in need. The family was struggling to make ends meet. They were requesting food donations from the local pantry but their basic necessities of life like shampoo, toothpaste, laundry detergent, diapers and toilet paper were not available. These products were not covered by government assistance programs. The concern group of people decided something needed to be done and they pooled their resources and helped the family until they were able to help themselves and Giving the Basics was born. For volunteer opportunities: <https://www.givingthebasics.org/get-involved/volunteer>
- **Gotta Have Hope** Provide the opportunity for impoverished communities and individuals to develop to their full potential through healthcare, opportunities for social and economic growth and life-long opportunities of education with Christ as their model. https://gottahavehope.org/?fbclid=IwAR3qc9w-x15_OFi2lqjgL1boC2ggmNuJozPE3JlqLC7vjSapTcwdvQd3UR8
- **Habitat for Humanity Restore Helps** families build and improve places to call home. You must be 14 or older to volunteer at Restore. Under 16 must be accompanied by a parent or guardian. To volunteer with construction, you must be 16 or older. Volunteers under 18 must be accompanied by a parent or guardian.

- **HALO Foundation:** HALO gives homeless kids a home in which hope emerges from hardship and gives way to potential and where dreams of the future can be unlocked. <https://haloworldwide.org/volunteerathalo/>
 - **Happy Bottoms:** Provides a monthly supply of diapers or training pants to children in need through 50 social service agency sites. <https://happybottoms.org/volunteer/individual/>
 - **Harvesters:** Ages 8 and up. Sort food donations in their warehouse.
 - **Heart to Heart International:** Every year thousands of talented individuals give of their time and talents to Heart to Heart International. Their volunteers play a vital role in working toward their mission of strengthening communities through improving health access, providing humanitarian development and administering crisis relief worldwide. For volunteer opportunities: <https://www.hearttoheart.org/volunteer/>
 - **Heartland Therapeutic Riding** (Volunteers must be 14+): Equine assisted occupational therapy, provides opportunity for physical, cognitive and emotional growth through the movement and emotional bond created with the horse. <https://htrkc.org/volunteer-opportunities>
 - **Helping Hands and Horses:** Equine assisted occupational therapy, provides opportunity for physical, cognitive and emotional growth through the movement and emotional bond created with the horse. <https://www.helpinghandsandhorses.org/volunteer>
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- **Hope Faith Ministries:** Homeless assistance campus works to alleviate homelessness and poverty in Kansas City by providing basic necessities and assistance as well as provide critical services and programs to empower individuals experiencing homelessness and at risk individuals become self-sufficient and independent. <https://www.hopefaith.org/volunteer>
 - **Hospitals**
 - **Humane Societies**
 - **Jerusalem Farms:** Their mission is to make themselves available to the needs of the Kansas City community, the main way they do this is through home repair needs, built on a community of prayer and service. <https://jerusalemfarm.org/days.php>
 - **Kansans for Life:** <https://kflpac.org/volunteer/>
 - **KC Urban Youth Club** Empowers youth ages 6-18 through baseball and softball, academics and social opportunities to be leaders of tomorrow. <http://www.royalsurbanyouthacademy.com/>
 - **Knights of Columbus**
 - **Lakemary Center:** Lakemary is a volunteer organization for people who are passionate and committed to helping children and adults with autism spectrum disorder and intellectual and developmental differences. <https://lakemary.org/ways-to-help/volunteer/>
 - **The Learning Club:** An after school and summer tutoring/mentoring program for high risk children in Kansas City. <https://www.learningclubkck.org/volunteer1.html>
 - **Little Sisters of the Lamb** <https://communityofthelamb.org/donation/>
 - **Meals on Wheels:** Delivers nutritious meals seniors in need in the Kansas City area. 1 in 12 seniors don't have enough food to live a healthy lifestyle. <https://www.kcshepherdscenter.org/volunteer>

- **NourishKC:** Food Rescue and Culinary Training addressing hunger's core cause by providing healthy, nutritious meals. The program has rescued more than 500,000 lbs. of perfectly fresh, usable food from being wasted last year alone. It also hosts Culinary Training which focuses on helping older teens in foster care gain valuable life and job skills to prepare them for again out of state care. <https://nourishkc.org/volunteer/>
- **Operation Breakthrough:** Provides a safe, loving and educational environment for children in poverty and empowers their families through advocacy, emergency aid and education. <https://operationbreakthrough.org/how-you-can-help/volunteer>
- **Parish Work**
- **Poor of Jesus Christ-** Go onto the streets with the Fraternity of the Poor of Jesus Christ to hand out meals and essential supplies. <https://www.sisterspoorofjesuschrist.com/sign-up-street-ministry>
- **Prayer and Action** (Incoming Freshmen to incoming seniors) June or July Contact Jen to sign up at jen.zans@shoj.org.
- **Project Linus:** Create homemade blankets and/or collect and distribute blankets <https://www.projectlinus.org/volunteer/>
- **Project Uplift:** An outreach program for the homeless. You can cook meals, work in the warehouse and deliver meals to the homeless. For **meal delivery**, uplift trucks roll out at 6 p.m. on Mondays and Wednesday and 5 p.m. on Saturdays. The average route takes 4-5 hours. The role of **meal preparation** is for 60 people. Warehouse service is from 9:00-Noon every Saturday to sort donations, stock shelves and fold clothes. For more information: <http://www.uplift.org/volunteer/>
- **Reach Out and Read:** In Kansas City's lowest income neighborhoods, research estimates only one book is owned in the home per 300 children. Reach out and Read is doing all they can to bridge the gap so children in KC can have a book of their own. http://www.reachoutandreadkc.org/content.php?id=10002#volunteer_overview
- **Ronald McDonald House** RMHC creates and supports programs that directly improve the health and wellbeing of children and their families. Volunteers can help make a difference in the lives of the children and families by cooking, greeting, listening, cleaning or simply being there and helping anyway they can which helps offset the costs to allow for more direct help for children and families. <https://www.rmhc.org/get-involved/how-to-help/volunteer>
- **Saint Mary's Food Kitchen** Feeding the hungry 365 days a year. They rely on countless volunteers to provide a hot lunch to patrons every day of the year. Volunteer on a given day by going here: <https://www.stmaryfoodkitchen.org/waystohelp>
- **Salvation Army** <https://www.salvationarmyusa.org/usn/volunteer/>
- **Shalom House** Shalom House offers shelter and hospitality to homeless men in KCK. <https://catholiccharitiesks.org/where-we-work/shalom-house/>
- **ShelterKC:** helping KC's homeless men and women experience freedom from the past and hope for the future through the love of Jesus Christ. <https://www.shelterkc.org/volunteer/volunteer-opportunities/>
- **Sisters of Charity:** <https://www.scls.org/volunteer-opportunities/>
- **Solace House:** <https://www.kchospice.org/vol-options/>

The mission of Solace House/KC Hospice is to bring expert care, peace of mind, comfort, guidance and hope to people who are affected by life-limiting illness or by grief.

- **StandUP for Kids:** <https://www.standupforkids.org/how-to-help/volunteer>
Help end the cycle of youth homelessness by building a community where all youth know they are cared for, feel loved and have a support system to help them move quickly from surviving to thriving.
- **Sleep in Heavenly Peace Bunk Bed Building:**
Child bedlessness is a national problem. This organization builds beds for kids who are sleeping on the floor. Volunteer in a build or delivery event.
<https://www.shpbeds.org/chapter/ks-kansas-city-s>
- **Shawnee Mission Theater in the Park**
- **Upper Room:** <https://upperroomkc.org/volunteer/>
- An afterschool program that actively engages a diverse population to encourage learning from cradle to college.
- **Willow Tree Supports, Inc.** <https://www.willowtreesupports.com/contact>
Assist and support people with developmental disabilities; to help those individuals gain access and membership into community groups in order to develop lasting relationships based on common interests, needs, strengths and capabilities.
- **Wyandotte Pregnancy Clinic** <http://wyandottepregnancyclinic.org/contact-us/>
- **YMCA**
- **Youth Volunteer Corps** (open to ages 11-18+) <https://yvc.org/volunteer/>